



Judaism Your Way

Shabbat aLive!

Siddur

November 8th, 2024

8 Cheshvan, 5785



Shabbat Shalom! Welcome to Shabbat aLive! We invite you to enter this sacred space of community, wisdom, healing, and peace. Feel free to participate however you like.



Cheshvan Nigun (Wordless Melody)

Yai lai lai...

Or shel Shabbat / Light of Shabbat

I lift a match to the candles
Watching as the flame catches;
The brightness of yellow and
blue;
A flicker of heat in the air.

As the fire dances with
shadows on the wall,
The stress in my body eases
Releasing the burdens that
have
Seeped into my core.

My neck lightens as my
shoulders calm;
My spine flexes with more ease;
My heart slows to a languid
pace
Gratefully surrendering to the
peace of the seventh day.

The Sabbath has arrived.

I no longer need effort to relax
on this holy day.
My eyes see the lights
As my voice chants the prayers,
And my body responds.

My mind instantly stops,
Ceasing its hectic path of have-
to's,
Reveling in this restoration of
stillness
So lacking in the previous days.

The grace of a dedicated
separation
Between the mundane and the
sacred,
Prescribed by the Divine's
compassion,
Restores my soul's tranquility.

The Sabbath has arrived

Blessed are You, Source of Light, Spirit of the world,
bringing holiness to our lives through the lights of Shabbat.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְהִדְלִיק נֵר שֶׁל שַׁבָּת:

*Baruch atah Adonai eloheinu ruach ha-olam
asher kidshanu b'mitzvotav v'tzivanu l'hadlik ner shel Shabbat.*

Yiram Hayam (Psalm 98)

Yiram hayam u'melo (yiram hayam u'melo) x2

Tevel veyoshvei va, yiram hayam u'melo

Neharot yimcha'u chaf (yele le le le le le)

Yachad harim yeranenu (yele le le le le le)

The sea in its fullness will roar, (also) the world and all its inhabitants.

Let the rivers clap their hands, the mountains sing joyously together.

Nava Tehila

Lecha Dodi

לְכֵה דוֹדִי לְקִרְאֵת כְּלָה. פְּנֵי שַׁבַּת נִקְבְּלָה

שְׁמֹר וְזָכֹר בְּדַבּוּר אֶחָד, הַשְּׁמִיעֵנוּ אֵל הַמִּיחָד
ה' אֶחָד וְשֵׁמוֹ אֶחָד. לְשֵׁם וְלִתְפָאֶרֶת וְלִתְהִלָּה

לְקִרְאֵת שַׁבַּת לָכֹה וְנִלְכָה, כִּי הִיא מְקוֹר הַבְּרָכָה
מֵרֵאשׁ מִמְּקֹדֶם נְסוּכָה, סוּף מַעֲשֵׂה בְּמַחְשָׁבָה תִּחְלָה

הַתְּעוֹרְרִי הַתְּעוֹרְרִי. כִּי בָּא אֲוֶרֶךְ קוּמִי אֲוֶר
עוֹרִי עוֹרִי שִׁיר דְּבָרִי. כְּבוֹד ה' עָלֶיךָ נִגְלָה

בּוֹאִי בְּשִׁלּוֹם עֲטֹרֶת בַּעֲלָה. גַּם בְּשִׁמְחָה וּבְצַהֲלָה
תּוֹךְ אֲמוּנֵי עַם סִגְלָה. בּוֹאִי כְלָה, בּוֹאִי כְלָה



***Lecha dodi likrat kala, p'nei
Shabbat n'kabelah!***

*Shamor v'zachor b'dibur echad,
Hishmi'anu el ha'meyuchad.
Adonai echad u'shmo echad;
L'shem ul'tiferet v'l'tehila.*

*Likrat Shabbat l'chu v'neil'cha
Ki hi m'kor hab'racha
Meirosh mekedem n'sucha
Sof ma'aseh b'machashava
t'chilah*

*Hit'oreri, hit'oreri,
Ki va orech, kumi uri.
Uri, uri, shir daberi;
K'vod Adonai alai'yich nigla*

(rise and face the entrance):

*Bo'i v'shalom, ateret ba'ala,
Gam b'simcha uv' tzhala.
Toch emunei am segula; Bo'i
chala, bo'i chala.*

Translation:

Come, my friend, to meet the
bride; let us welcome Shabbat!

“Observe” and “Remember,” in a
single word.

The Divine One announced to
us.

Oneness, named One, for fame,
for glory and for praise.

Toward Shabbat, come hurry,
she has every blessing's taste,
for that is the source, from which
to bless.

From the beginning, chosen
before time, last made,
the first in mind.

Wake up, wake up,
Your light has come, rise and
shine.

Awaken, awaken; sing a melody,

The glory of the Divine to be revealed upon thee.

Come in peace, crown of God, come with joy and cheerfulness; amidst
the faithful of our people come O bride; come, O bride...

Melody by Joey Weisenberg

Barchu – One Voice

This is the sound of one voice.
One spirit. One voice.
The sound of one who
makes a choice.
This is the sound of one voice.
This is the sound of one voice.

This is the sound of voices two.
The sound of me singing with
you.
Helping each other to
make it through.
This is the sound of voices two.

This is the sound of voices three.
Singing together in harmony.

Surrendering to the mystery.
This is the sound of voices three.
This is the sound of voices three.

This is the sound of all of us.
Singing with love and the will to
trust.

Leave the rest behind
it will turn to dust.
This is the sound of all of us.
This is the sound of all of us.

This is the sound of one voice.
One people, one voice.
A song for every one of us.
This is the sound of one voice.
This is the sound of one voice

בָּרְכוּ אֶת יְהוָה הַמְבָרֵךְ:
בְּרוּךְ יְהוָה הַמְבָרֵךְ לְעוֹלָם וָעֶד:

*Bar'chu et Adonai ham'vorach.
Baruch Adonai ham'vorach l'olam va-ed.*

Wailin' Jennys

Ahavat Olam

יִשְׂרָאֵל בֵּית עוֹלָם אֲהַבַת
עַמָּךְ אֲהַבַת
וּמִשְׁפָּטִים חֻקִּים וּמִצְוֹת תּוֹרָה
אוֹתָנוּ לְמִדָּת
יְהוָה בְּרוּךְ אַתָּה
עַמּוֹ יִשְׂרָאֵל אוֹהֵב

Ahavat olam, beit Yisrael
Amcha ahavta.
Torah umitzvot chukim
umishpatim otanu limad'ta.

Baruch atah Adonai,
ohev amo Yisrael.

Eternal love for Your people,
House of Yisrael,
Holy teachings and mitzvot,
and guidelines have You taught
us.

Blessed are you, Source of life,
who loves the souls of this
existence.

Shema

שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד:
בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעַד:

Sh'ma yisrael
Divine,
Adonai eloheinu Adonai echad

Listen, those who dance with the
the Source of our being is one!

Baruch shem k'vod malchuto
splendor
l'olam va-ed.

Blessed is the Presence whose
shines through all time and space.

Zvika Pik

V'Ahavta / And You Will Love... (Deuteronomy 6:5-9)

וְאָהַבְתָּ אֶת יְהוָה אֱלֹהֶיךָ בְּכָל-לִבְבְּךָ וּבְכָל-נַפְשְׁךָ וּבְכָל-
מְאֹדֶךָ: וְהָיוּ הַדְּבָרִים הָאֵלֶּה אֲשֶׁר אָנֹכִי מְצַוְּךָ הַיּוֹם עַל-
לִבְבְּךָ: וְשָׁנַנְתָּם לְבָנֶיךָ וְדַבַּרְתָּ בָּם בְּשִׁבְתְּךָ בְּבֵיתְךָ וּבְלַקְחֶתְךָ
בְּדֶרֶךְ וּבְשֹׁכְבְּךָ וּבְקוּמְךָ: וְקִשְׁרָתָם לְאָזְנוֹת עַל-יְדֶיךָ וְהָיוּ
לְטֹטְפוֹת בֵּין עֵינֶיךָ: וְכָתַבְתָּם עַל-מַזְזוֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ:

*V'ahavta et Adonai elohecha -
b'chol l'vav'cha
u-v'chol nafsh'cha u-v'chol m'odecha,
do,
V'ha-yu ha-d'varim ha-eileh
asher anochi m'tzav'cha ha-yom
connect
al levavecha.
V'shinantam l'vanecha
v'dibarta bam
b'shivt'cha b'veitecha u-v'lecht'cha va-derech and in all the ways that you
u-v'shoch'b'cha u-v'kumecha.
U-k'shartam
remind you
l'ot
al ya-decha
v'ha-yu l'totafot bein einecha.
U-ch'tav-tamil-mezuzah beit-echa
u-vi-sharecha.*

When you love
with your whole heart,
your whole being and all that you
do,
these teachings cannot help
but
your heart today
to your interactions
with your children
and in all the ways that you
rest and move, dream and wake.
Therefore create practices to
dedicate to love
all you do with your hands,
and conceive with your mind,
bringing special awareness to the
boundaries of your homes,
communities and imaginations.

Translation by Rabbi Brian Field

Mi Chamocha

מִי כְּמֹכָה בְּאַיִלִים יְיָ
מִי כְּמֹכָה נְאֻדָּר בְּקֹדֶשׁ

Freedom, Freedom, Freedom, Freedom!

*Mi Chamocha ba'elim Adonai
Mi kamocha n'edar bakodesh*

Who is like You, Adonai, dressed with holiness, awesome in
splendor, doing wonders!

George Michael Mashup

Hashkiveinu/One Day

הַשְׁכִּיבֵנוּ יְיָ אֱלֹהֵינוּ לְשָׁלוֹם
וְהַעֲמִידֵנוּ שׁוֹמְרֵנוּ לְחַיִּים

Shalom, Shalom (x4)

Hashkiveinu Adonai,
Eloheinu l'shalom

V'ha'amideinu shomreinu l'chayim (x2)

Sometimes I lay under the moon
And thank God I'm breathin'
Then I pray, "Don't take me soon
'Cause I am here for a reason"

Sometimes in my tears I drown
But I never let it get me down
So when negativity surrounds
I know someday, it'll all turn
around because

All my life, I've been waitin' for
I've been prayin' for,
for the people to say
That we don't wanna fight no
more
There'll be no more wars, and
our children will play

One day, one day
One day, Oh-oh-oh
One day, one day
One day

It's not about win or lose
'Cause we all lose when they
feed on the souls of the innocent
Blood-drenched pavement

Keep on movin' though the
waters stay ragin'

In this maze, you can lose your
way, your way
It might drive you crazy
But don't let it faze you,
no way, no way!

Sometimes in my tears I drown
But I never let it get me down
So when negativity surrounds
I know someday, it'll all turn
around because

All my life, I've been waitin' for
I've been prayin' for, for the
people to say
That we don't wanna fight no
more
There'll be no more wars, and
our children will play

(Chorus)

Hashkiveinu Adonai,
Eloheinu l'shalom
V'ha'amideinu shomreinu
l'chayim (x2), shalom (x8)



(Keeping) Kabbalat Shabbat

We do not celebrate Shabbat,
We receive it.

As it was that very first time,
Creator has blessed us with a
holy day

We open our hearts, our minds,
our beings,
To accept the gift that is
Shabbat.

It is a covenant between our
people and our Creator;
We keep Shabbat, and Shabbat
keeps us.

It is a day of returning to our
roots,
For reconnecting with our
Source.
A time to pray, and to study,
To learn, and to rest.

Each week on this holy day
We turn our vision inward.
We seek out the still, small, voice,
Which is the Divine calling to us.

The Torah speaks of the heaven
and the earth,
The sky and the land.
Yet the Eternal lives in none of
these places...

Yah, lives within each of us.

And so on each Shabbat
As we welcome the Shechina's
return,
We are asked to contemplate
righteousness,
To see that we have failed to
behave righteously.

We remember the words of Rav
Hillel who said:

“That which is hateful to you, do
not do to your fellow!
That is the whole Torah; the rest
is interpretation.”

On this and every Shabbat,
Let us all go forth into the world
Speaking truth, doing good,
And practicing Tikkun Olam

We can truly embrace Shabbat
By becoming more humane,
Learning to appreciate our
differences,
And honoring our promise to
The One.

Suzanne Zabrinisky



Amidah

Adonai S'fatai

Yai lai lai...

אֵלֵנוּ שְׁפֹתַי תִּפְתָּח וּפִי יִגִּיד תְּהִלָּתְךָ

Adonai, s'fatai tiftach

U'fiyagid tehilatecha

Eternal One, open my lips so that my mouth may declare your
praise

(You may continue with your own silent prayer and meditation. In the back of
the Siddur is the traditional Hebrew Amidah, and below is an Amidah poem.

If you are standing, please be seated when you are finished.)

Modim

We practice giving thanks
as You knit together dusk, dawn and afternoon,
filling them with miracles:
with light and sparkling dark, with voice and touch
through winding paths of our desires,
ups and downs, peaks and troughs.

Our days move like sea waves, sound waves,
electrical heart pulses.

We swim among wonders
and pause to pray
Your compassion won't leave us,
Your mercy won't cease.

Cathleen Cohen



Oseh Shalom

עֲשֵׂה שְׁלוֹם בְּמִרְוֹמָיו, הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ.
וְעַל כָּל יִשְׂרָאֵל וְאֻמְרוּ: אָמֵן.

*Oseh shalom bimromav hu ya'aseh shalom aleinu
v'al kol Yisrael v'al kol yoshvei tevel, v'imru, Amen*

May the one who creates peace on high bring peace to us and to all Israel and all beings. And we say: Amen.

Tree of Life Healing Prayer

O sweet Spirit, hear my prayer
Help these words
heal someone out there
I am but a voice, just a cry in the
air
But I sing, nonetheless,
in this pain we share.

O sweet friends,
come and dry your eyes
And hold each other
by this Tree of Life
I'm angry and tired
of this great divide
But I sing, nonetheless,
with love on our side.

Ana El na refa na la (x4)

*(Translation: Please God heal
her now)*

O sweet souls who feel broken
now
We'll heal together,
somewhere, somehow
Time and again,
we have been let down
But we sing, nonetheless,
still whole and still proud.

Ana El na refa na la (x4)

O sweet Spirit, hear our prayer,
And help these words,
Heal someone out there.

Nefesh Mountain

V'Hashevota

Va-hashevota / You shall return (Deuteronomy 4:39; Zechariah 14:9)

וְהִשְׁבַּתְתָּ אֶל לְבָבְךָ, כִּי יְהוָה הוּא הָאֱלֹהִים:
וְנֹאמַר וְהָיָה יְהוָה לְמֶלֶךְ עַל כָּל הָאָרֶץ.
בַּיּוֹם הַהוּא יְהוָה יְהוָה אֶחָד וְשֵׁמוֹ אֶחָד:

Va-hashevota (repeat)

El l'vavecha (repeat)

Ki adonai (repeat)

Hu ha-Elohim (repeat).

V'ne-emar: V'hayah Adonai l'melech al kol ha-aretz.


Bayom ha-hu yihyeh Adonai echad u-shemo echad.

You shall return to your hearts, for Being and Becoming is the Source. With reverence and thanksgiving we accept our destiny the day on which all will be one.

Rabbi Shir Yaakov

Kaddish

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא
בְּעַלְמָא דִּי בְּרָא כְרַעוּתָהּ וְיִמְלִיךָ מַלְכוּתָהּ
בְּחַיִּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל
בְּעִגְלָהּ וּבְזַמַּן קָרִיב וְאָמְרוּ אָמֵן:
יְהֵא שְׁמֵא רַבָּא מְבָרַךְ לְעַלְמֵי עֵלְמֵיהּ:
יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמַם וְיִתְנַשֵּׂא
וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלַּל שְׁמֵהּ דְּקַדְשָׁא בְּרִיךְ הוּא:
לְעַלְמָא מְכַל בְּרַכְתָּא וּשְׂרַתָּא תְּשַׁבְּחַתָּא וְנַחֲמַתָּא
דְּאִמְרֵינוּ בְּעַלְמָא וְאָמְרוּ אָמֵן:
יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְאָמְרוּ אָמֵן:
עוֹשֵׂה שְׁלוֹם בְּמִרוֹמָיו הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ
וְעַל כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תֵיבֵל וְאָמְרוּ אָמֵן:



*Yitgadal v'yitkadash sh'mei raba b'alma divra chirutei
v'yamilich malchutei b'chai-yiechon u-v'yom-eichon
u-v'chayei d'chol beit yisra-el ba-agala u-vizman kariv v'imru **amein***

Y'hei shmei rabah m'vorach l'alam ul-almei almaya.

*Yitbarach v'yishtabach v'it'pa-ar v'yitromam v'yitnasei v'yithadar
v'yit-haleh v'yithalal sh'mei d'kudsha **b'rich hu.***

*L'eilah mikol birchata v'shirata tush-b'chata v'nech'mata
da-amiran b'alma v'imru **amein.***

*Y'hei shlama raba min sh'maya v'chayim aleinu v'al kol yisra-el v'imru
amein*

*Oseh shalom bimromav hu ya-aseh shalom aleinu v'al kol yisra-el
v'al kol yoshvei teivel v'imru **amein.***

Alternative Translation:

Make the God-name big. Big and holy.

Do it in this world, this creation, sprung from consciousness,
and bring some order to this.

Do it fast, in the days ahead.

Everybody join with me:

May the Name be blessed, forever and ever.

Yes, blessed! Blessed, sung out, shouted, honored, this holy blessed
name. The name is beyond any song, poem or comforting words we
could ever speak.

Everybody say:

That's the truth!

May peace descend for all our peoples, for all beings,
and let everybody say: May it be true!

Make that peace in the heavens, great One who creates wholeness.
Everybody say: Amen. May it be true!

Rabbi Daniel Brenner

Kiddush/Motzi

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְּרֵי הַגָּפֶן:

Baruch atah adonai eloheinu melech ha-olam borei pri ha-gafen.

Blessed are You and all those who bring forth the fruit of the vine.

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הַמוֹצִיא לֶחֶם מִן הָאָרֶץ:

Baruch atah adonai eloheinu melech ha-olam ha-motzi lechem min ha-aretz.

Blessed are you, Source of abundance, bringing forth bread from the earth.

Oseh Shalom

עֲשֵׂה שְׁלוֹם בְּמִרְמִיּוֹ, הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ.
וְעַל כָּל יִשְׂרָאֵל וְאָמְרוּ: אָמֵן.

Oseh Shalom, Bimromav
Hu Ya'aseh Shalom
Aleinu V'al Kol Yisrael
V'imru Amen (x2)

Grant us Peace Grant us Peace
For every weary heart that beats
find a moment of relief
Grant us Peace

May the one who creates peace on high bring peace to us and to all Israel and all beings. And we say: Amen.

Traditional Amidah in Hebrew

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ וְאֲמוֹתֵינוּ
אֱלֹהֵי אַבְרָהָה
אֱלֹהֵי שָׂרָה
אֱלֹהֵי יִצְחָק
אֱלֹהֵי רַבֵּקָה
וְאֱלֹהֵי יַעֲקֹב
אֱלֹהֵי רַחֵל
וְאֱלֹהֵי לֵאָה

הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵל עֲלִיּוֹן, גּוֹמֵל חֲסָדִים טוֹבִים, וְקֹנֵה הַכֹּל, וְזוֹכֵר
חֲסָדֵי אֲבוֹת וְאֲמוֹת, וּמְבִיא גְּאֻלָּה לְבְנֵי בְּנֵיהֶם, לְמַעַן שְׁמוֹ בְּאַהֲבָה. מֶלֶךְ עוֹזֵר
וּמוֹשִׁיעַ וּמִגֵּן. בְּרוּךְ אַתָּה יי, מִגֵּן אַבְרָהָם וְעִזְרַת שָׂרָה

אַתָּה גִּבּוֹר לְעוֹלָם אֲדֹנָי, מְחַיֶּה מֵתִים אַתָּה [רַב לְהוֹשִׁיעַ. מוֹרִיד הַטֶּל
מִכָּלֶּכֶל חַיִּים בְּחֹסֶד, מְחַיֶּה [מֵתִים [כָּל חַי בְּרַחֲמִים רַבִּים, סוֹמֵךְ נוֹפְלִים, וְרוֹפֵא
חוֹלִים, וּמְתִיר אֲסוּרִים, וּמְקַיֵּם אֲמוּנָתוֹ לִישְׁבֵי עָפָר, מִי כְמוֹךְ בְּעַל גְּבוּרֹת וּמִי
דוֹמֵה לָךְ, מֶלֶךְ מְמִית וּמְחַיֶּה וּמְצַמְּחִים יְשׁוּעָה
וְנִצְמָן אַתָּה לְהַחְיֹת [מֵתִים [כָּל חַי. בְּרוּךְ אַתָּה יי, מְחַיֶּה [הַמֵּתִים [כָּל חַי

אַתָּה קְדוֹשׁ וְשִׁמְךָ קְדוֹשׁ, וְקְדוּשֵׁים בְּכָל יוֹם יְהִלְלוּךָ סְלָה. בְּרוּךְ אַתָּה יי, הָאֵל
הַקְּדוֹשׁ.

אַתָּה קְדוֹשֵׁת אֶת יוֹם הַשְּׁבִיעִי לְשִׁמְךָ, תִּכְלִית מַעֲשֵׂה שָׁמַיִם וָאָרֶץ, וּבִרְכָתוֹ מִכָּל
הַיָּמִים, וְקְדוּשָׁתוֹ מִכָּל הַזְּמַנִּים, וְכֵן כְּתוּב בְּתוֹרָתְךָ:

וַיְכַלּוּ הַשָּׁמַיִם וְהָאָרֶץ וְכָל צְבָאָם. וַיְכַל אֱלֹהִים בַּיּוֹם הַשְּׁבִיעִי מְלַאכְתּוֹ אֲשֶׁר עָשָׂה
וַיִּשְׁבֹּת בַּיּוֹם הַשְּׁבִיעִי, מִכָּל מְלַאכְתּוֹ אֲשֶׁר עָשָׂה. וַיְבָרֶךְ אֱלֹהִים אֶת יוֹם הַשְּׁבִיעִי
וַיְקַדְּשׁ אֹתוֹ, כִּי בּוֹ שָׁבַת מְכָל מְלַאכְתּוֹ, אֲשֶׁר בָּרָא אֱלֹהִים לַעֲשׂוֹת
וְאֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ, רָצָה בְּמִנוּחֵינוּ, קִדְּשָׁנוּ בְּמִצְוֹתֶיךָ, וְתַן חֵלְקֵנוּ בְּתוֹרָתְךָ
שְׂבַעֲנוּ מִטוֹבֶךָ, וְשִׁמְחָנוּ בִּישׁוּעָתְךָ, וְטַהַר לִבֵּנוּ לְעִבְדֶּךָ בְּאַמֶּת, וְהִנְחִילֵנוּ יי
אֱלֹהֵינוּ בְּאַהֲבָה וּבְרָצוֹן שַׁבַּת קְדוֹשְׁךָ, וַיְנַוְחוּ בָּהּ יִשְׂרָאֵל מִקְדְּשֵׁי שִׁמְךָ. בְּרוּךְ
אַתָּה יי, מִקְדְּשׁ הַשַּׁבַּת

רָצָה, יי אֱלֹהֵינוּ, בְּעַמְּךָ יִשְׂרָאֵל וּבִתְפִלָּתָם, וְהִשָּׁב אֶת הָעֲבוּדָה לְדַבֵּר בֵּיתְךָ
וְאֲשֵׁי יִשְׂרָאֵל, וּתְפַלְתֶּם בְּאַהֲבָה תִּקְבַּל בְּרָצוֹן, וּתְהִי לְרָצוֹן תְּמִיד עֲבוּדַת יִשְׂרָאֵל
עִמָּךְ.

וְתַחֲזִינָה עֵינֵינוּ בְּשׁוּבְךָ לְצִיּוֹן בְּרַחֲמִים. בְּרוּךְ אַתָּה יי, הַמְחַזֵּיר שְׂכִינָתוֹ לְצִיּוֹן

מִוֹדִים אֲנַחְנוּ לָךְ, שְׂאֵתָה הוּא, יי אֱלֹהֵינוּ וְאֵלֵהֵי אֲבוֹתֵינוּ, לְעוֹלָם וָעֶד, צוֹר חַיֵּינוּ
מִגֵּן יִשְׁעֵנוּ, אֵתָה הוּא לְדוֹר וָדוֹר, בְּנֹדָה לָךְ וּנְסִפֶר תְּהִלָּתְךָ, עַל חַיֵּינוּ הַמְּסוּרִים
בְּיָדְךָ, וְעַל נְשִׁמוֹתֵינוּ הַפְּקוּדוֹת לָךְ, וְעַל נְסִיף שְׁבָכָל יוֹם עִמָּנוּ, וְעַל נְפְלְאוֹתֶיךָ
וְטוֹבוֹתֶיךָ שְׁבָכָל עֵת, עָרַב וּבָקֵר וְצֹהָרִים, הַטּוֹב, כִּי לֹא כָלוּ רַחֲמֶיךָ, וְהַמְּרַחֵם, כִּי
לֹא תִמּוּ חֲסֵדֶיךָ, מִעוֹלָם קָוִינוּ לָךְ.
וְעַל כָּלֵם יִתְבָּרַךְ וְיִתְרוֹמֵם שְׁמֶךָ מַלְכֵנוּ תַמִּיד לְעוֹלָם וָעֶד.

וְכָל הַחַיִּים יוֹדוּךָ סֵלָה, וְיִהְלְלוּ אֶת שְׁמֶךָ בְּאֵמֶת, הָאֵל יִשׁוּעָתֵנוּ וְעֲזָרָתֵנוּ סֵלָה
בְּרוּךְ אַתָּה יי, הַטּוֹב שְׁמֶךָ וְלָךְ נָאָה לְהוֹדוֹת
שְׁלוֹם רַב עַל יִשְׂרָאֵל עִמָּךְ תְּשִׁים לְעוֹלָם, כִּי אַתָּה הוּא מֶלֶךְ אֲדוֹן לְכָל הַשְּׁלוֹם
וְטוֹב בְּעֵינֶיךָ לְבָרַךְ אֶת עַמָּךְ יִשְׂרָאֵל בְּכָל עֵת וּבְכָל שָׁעָה בְּשִׁלּוֹמְךָ
בְּרוּךְ אַתָּה יי, הַמְּבָרֵךְ אֶת עַמּוֹ יִשְׂרָאֵל בְּשִׁלּוֹם
אֱלֹהֵי נֹצֵר לְשׁוֹנֵי מִרְעָה. וְשִׁפְתֵי מְדַבֵּר מִרְמָה. וְלִמְקַלְלֵי נַפְשֵׁי תְדוּם. וְנַפְשֵׁי
כְּעֹפֵר לְכָל תְּהִיָּה: פֶּתַח לְבִי בְּתוֹרָתְךָ. וּבְמִצְוֹתֶיךָ תִּרְדּוּף נַפְשֵׁי: וְכָל הַחוֹשְׁבִים
עָלֶי רָעָה. מְהֵרָה הַפֵּר עֲצָתֶם וְקַלְקַל
מִחֲשָׁבוֹתֶם: עֲשֵׂה לְמַעַן שְׁמֶךָ. עֲשֵׂה לְמַעַן יִמְיִנְךָ. עֲשֵׂה לְמַעַן קִדְשָׁתְךָ. עֲשֵׂה
לְמַעַן תּוֹרָתְךָ: תַּהֲלִים לְמַעַן יִחְלְצוּן יְדִידֶיךָ הוֹשִׁיעָה יִמְיִנְךָ וְעַנְנֵי יְהוָה לְרִצּוֹן |
אֲמַר־יִפִּי וְהִגִּיזוּן לְבִי לְפָנֶיךָ
עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו. הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ. וְעַל כָּל יִשְׂרָאֵל: וְאָמְרוּ אַמֵּן: