

# Welcoming the New Year in Community

Kol Nidre
October 11

5785 - Machzor - 2024

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## Your Presence is a Blessing

Welcome! We are so grateful to gather with you as we celebrate the Jewish High Holidays. Whether you're joining us online or in the tent, we hope this time together uplifts your spirit, offers you connection, and brings you joy.

At Judaism Your Way, we're an open tent, embracing everyone who seeks a connection to Jewish life. Whether this is your first or your 100th time in Jewish space, we welcome you exactly as you are, with only love and appreciation, and without judgment. We invite you to embrace the new year and the present moment, by dropping your shoulders, opening your heart, and taking a deep breath to simply be.

Rosh Hashanah celebrates the turning of the new year, with the themes of creation and re-creation. May these services help us to commit more deeply to re-creation and healing that is so needed in our world – personally, nationally, globally. Yom Kippur invites us to practice the healing power of teshuvah – returning to integrity. On Yom Kippur, we reflect on our own agency and the impact of our actions. We take time to recommit to what is most authentic, meaningful and sacred to us in our lives, relationships, and communities.

Many of us struggle with the dominant metaphor of the Sacred in our culture: God as a big powerful man. If that has been a struggle for you, please know that you're not alone. Fortunately, Judaism offers a diverse and colorful palette of alternative metaphors for the Sacred: Being and Becoming, Life Unfolding, Place, Presence, Voice, Fire, Cloud, Water, Rock, Oneness, Wholeness, Love, and That Which has No Name. You'll encounter these metaphors throughout our services, and we hope you find a metaphor that spiritually moves you.

If you are new to our community, welcome! We're so glad you're here and please don't worry—our service leaders will be your guides. Please take care of your needs, whatever they may be, during services. You're welcome to get up, stretch, move, sing, dance, cry, and wander the gardens if you want.

May our services help you connect deeply during these High Holidays and throughout the year ahead.

L'shanah tovah! Blessings for a sweet new year.

Rabbi Caryn Aviv

Rabbi Amanda

Humand Schmoods



Student Rabbi Dan Yolles



# Making Your High Holiday Experience Meaningful and Safe

We're thrilled to welcome you to our inclusive community as we gather for the High Holidays. To ensure everyone feels empowered and prepared, we've provided the following safety information:

- **Situational Awareness:** Please review the map below to familiarize yourself with the locations of all exits at the Denver Botanic Gardens.
- **Medical Emergencies:** If you require assistance, the EMS team, easily identifiable in red shirts, will be stationed just outside the tent.
- Report Concerns: If you notice any suspicious, erratic, or threatening behavior, please report it immediately to JYW staff, police officers, or volunteers in blue vests.

We're committed to creating a safe and supportive environment for all.

#### Freyer – Newman Center ŧή Morrison Discovery Center Ġ Boettcher Memorial Center i (†|†) (†| 03 **Boettcher Memorial Tropical Conservatory ∳**|† ( **♦** Children's Garden Roof Marnie's 20 Pavilion 38 [16] Offshoots Café 46 Mordecai Children's Garden Entrance **Bonfils-Stanton** Visitor Center (26) The Shop 10 UMB Bank Amphitheate 50 18 Science 30 48 Pyramid 32 39 40 31 33 29 olarium

#### **Denver Botanic Gardens - Exits Marked with Stars**

As a maximally inclusive community, we welcome you however you are to celebrate the High Holidays with us. However, attendees who are physically or verbally disruptive to the service will be asked to leave the Denver Botanic Gardens immediately.

# **Thank You to Our High Holiday Sponsors**

The generous support of High Holiday sponsors ensures that we can deliver vibrant, inclusive, and accessible High Holiday services to all. We are deeply grateful for their contribution to our community.





Fostering business growth through our Jewish values of integrity, inclusivity, and dignity





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# טַזַל טַזַל וְנִעַּטַזַּל

Hazak hazak v'nitchazek

Be strong, be strong, and may we strengthen one another

This list includes all Sponsors as of September 22, 2024. We sincerely apologize for any misspellings, errors, or omissions. Please contact us and we will correct it in future publications.

#### **Opening Song: Pure Heart**

Yoel Sykes and Daphna Rosenberg

Create a pure heart in me Great Spirit, Create a pure heart in me (x2)

And renew a true soul within me, And renew a true soul within (x2)

#### On Forgiveness

Gladys Nussenbaum

Here we are, gathered as a community to light the Shabbat and Yom Tov candles: a prelude to Kol Nidre and Yom Kippur.

Jewish tradition gives us the structure to reflect on the past year and to actively let go of behaviors and attitudes we regret. The potential that allows us to move forward in our quest to live the examined life is our capacity to forgive ourselves and others.

During the High Holidays we are invited to do teshuvah, to engage in the process of repairing relationships – reaching out to those whom we perceive as having wronged us and also to apologize and ask for forgiveness of those whom we have wronged.

"Tolerating" is not forgiving; to forgive another requires a deep heartfelt expression of love and the release of past anger.

We must remember, to be human is to be flawed. A forgiving person refrains from using emotional energy to gather grievances and allow them to fester; forgiveness helps us find aspects of the other that melts barriers and brings us closer together.

May we use the light of these sacred candles to illuminate the dark corners of denial and false righteousness; may we feel refreshed as we use these inspiring holidays to expand and enrich our inner world.





## **Candle Lighting**

בָּרוּךְ אַתָּה יהוה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְשׁנוּ בְּמִצְוֹתָיו וְצִנָּנוּ לְהַדְלִיק נֵר שׁל שַׁבָּת וְשֶׁל יוֹם הַכִּפּוּרִים:

Baruch atah Adonai eloheinu melech ha-olam asher kid-shanu b'mitz-votav v'tzivanu l'hadlik ner shel Shabbat v'shel Yom ha-Kippurim.

Blessed is Life Unfolding, bringing forgiveness to our lives with the mitzvah of kindling the lights of Shabbat and Yom Kippur.

# **Putting on Tallit with Blessing**

בָּרוּך אַתָּה יהוה אֱלֹהֵינוּ מֶלֶך הָעוֹלָם אֲשֶׁר קִדְּשֵׁנוּ בִּמִצְוֹתַיו וִצְוָנוּ לִהָתִעְטֵף בַּצִּיצִת:

Baruch ata Adonai Eloheinu melech ha'olam asher kidshanu b'mitzvotav v'tzee-vanu le'heet-ah-teyf ba'tzee-tzeet.

Full of blessings is the Spirit of the World. Through the ritual act of putting on a tallit, we have the opportunity to be wrapped in the sacred.

# **Shehecheyanu: Celebrating the Present Moment** *Melody by Dan Yolles*

בָּרוּך אַתָּה יהוה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁהֶחֱיָנוּ וְקִיְּמָנוּ וְהִגִּיעָנוּ לַזְּמַן הַזֶּה:

Baruch atah Adonai eloheinu melech ha-olam shehecheyanu v'kiy'manu v'higianu shehecheyanu v'kiy'manu v'higianu lazman hazeh

Blessed is the Flow of Being, giving us life, sustaining us, and bringing us to this moment.

#### Intention for Kol Nidre

Adaptation of Rabbi Burt Jacobson

I now prepare to unify my whole self.

Heart, Mind, Consciousness, Body, Passions

With this holy community, with the Jewish people everywhere, with all people everywhere with all life and being to commune with the Source of all being.

May I find the words, the music, the movements that will put me in touch with the Great Light.

May the rungs of insight and joy that I reach in my devotion flow from me to others and fill all my actions in the world.

May the beauty of the Divine rest upon us.

May the Divine establish the source of our hands.

And may the works of our hands establish the Divine.

## **Kol Nidre Reading**

Velveteen Rabbi Machzor

As in heaven, so it is here; as God permits, so do we. No matter what our sins, no matter how we have strayed, we pray together tonight as a community.





#### **Kol Nidre**

Translation by Rabbi Brian Field

ּכָּל נִדְרֵא נָאֶסָרֵי וַחֲרָמֵי וְקוֹנָמי וְכִנּוּיֵי וְקְנּוּסֵי וּשׁבוּעוֹת דְנְדַּרְנָא וּדְאִשׁתַבַּעְנָא וּדְאַחֲרִימְנָא וְדִאֲסְרְנָא עַל נָפִשׁתַנָא

מִיּוֹם כָּפּוּרִים זֶה עַד יוֹם כָּפּוּרִים הָבָּא עַלֵינוּ לְטוֹבָה כָּלְהוֹן אִחֲרַטְנָא בְהוֹן כָּלְהוֹן יְהוֹן שׁרָן שׁבִיקִין שׁבִיתִין בְּטַלִין וְמְבָטָלִין לָא שׁרִירִין וְלָא קּיָמִין נִדְרָנָא לָא נִדְרֵי וָאֶסָרָנָא לָא אֱסָרֵי וּשׁבוּעָתָנָא לָא שׁבְוּעוֹת.

Kol nidrei v'esarei vacharamei v'konamei, v'chinuyei v'kinusei u'sh'vuot dindarna u'd'ishtabana u-d'acharimna v'di-asarna al nafshatana mi-yom kippurim zeh ad yom kippurim ha-ba aleinu l'tova.

Kul-hon i-charatna v'hon, Kul-hon y'hon sharan, sh'vikin, sh'vitin, b'teilin u-m'vutalin. La sh'ririn v'la kayamin. Nidrana la nidrei. V' esarana la esarei. U-sh'vuatana la sh'vu-ot.

All patterns, beliefs, and thought habits that we have adopted, assumed, and imposed upon ourselves, from this Yom Kippur until the next, may these come to us for good.

But if not, may we let them all go. Let them all be released, forgiven, erased, and made null and void. No longer valid and with no power. Our patterns no longer our patterns. Our habits no longer our habits. Our beliefs no longer our beliefs.

#### Barchu / One Voice

The Wailin' Jennys

This is the sound of one voice.

One spirit. One voice.

The sound of one who makes a choice.

This is the sound of one voice. (x2)

This is the sound of voices two.

The sound of me singing with you.

Helping each other to make it through. This is the sound of voices two. (x2)

This is the sound of voices three.

Singing together in harmony.

Surrendering to the mystery.

This is the sound of voices three. (x2)

This is the sound of all of us.

Singing with love and the will to trust.

Leave the rest behind it will turn to dust.

This is the sound of all of us. (x2)

This is the sound of one voice.

One people. One voice.

A song for every one of us,

This is the sound of one voice. (x2)

Leader:

בָּרְכוּ אֶת יהוה הַמְבֹּרָך:

Community:

בָרוּך יהוה הַמְבֹרָך לְעוֹלָם וָעֶד:

Leader:

Barchu et Adonai ham'vorach.

Community:

Baruch Adonai ham'vorach l'olam va-ed.

Bless the Infinite, the Blessed One.

Blessed is the Infinite, the Blessed One, now and for all

time.





# Ahavah Rabbah / An Unending Love

Rabbi Rami Shapiro

We are loved by unending love.

We are embraced by arms that find us even when we are hidden from ourselves.

We are touched by fingers that soothe us even when we are too proud for soothing.

We are counseled by voices that guide us even when we are too embittered to hear.

We are loved by unending love.

We are supported by hands that uplift us even in the midst of a fall.

We are urged on by eyes that meet us even when we are too weak for meeting.

We are loved by unending love.

Embraced, touched, soothed, and counseled, ours are the arms, the fingers, the voices; ours are the hands, the eyes the smiles:

We are loved by an unending love.

# Sh'ma and Blessings

שָׁמָ**ע** יִשְׂרָאֵל יהוה אֱלֹהֵינוּ יהוה אֶחָ**ד**:

Sh'ma yisrael Adonai eloheinu Adonai echad.

Whispered:

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד:

Baruch shem kevod malchuto le'olam va'ed.

Listen, all who wrestle with the Sacred, the Source of life unfolding is One. Blessed is Life Unfolding that shines through all space and time.

## V'ahavta / Mindfulness Through Space and Time

וְאָהַבְתָּ אֶת יְהוָֹה אֱלֹהֶיךְ בְּכָל־לְבֵבְךְ וּבְכָל־נַפְשְׂךָ וּבְכָל־מְאֹדֶך: וְהִיּוּ הַדְּבָרֵים הָאֵלֶה אֲשֶׁר אֵנֹכִי מְצִּוְךְ הַיָּוֹם עַל־לְבָבֶך: וְשִׁנִנְתָם לְבָנֶיךּ וְדִבַּרְתָּ בְּם בְּשִׁבְתְּךָ בְּבִיתֶּךֹ וּבְלֶכְתְךָ בַּדֶּרֶךְ וְבְשָׁכְבְּךָ וּבְקוּמֶך: וּכְתַבְתָם עַל־ לְאָוֹת עַל־יָדֶךְ וְהָיִוּ לְטְטָפֻת בְּין עֵינֵיךְ: וּכְתַבְתָם עַל־ מְזַוֹת בַּיתֶךְ וּבִשְּׁעֶרֶיךָ:

V'ahavta et Adonai elohecha - b'chol l'vav'cha u-v'chol naf'sh'cha u-v'chol m'odecha, V'ha-yu ha-d'varim ha-eileh asher anochi m'tzav'cha ha-yom al levavecha. V'shinantam l'vanecha v'dibarta bam b'shivt'cha b'veitecha u-v'lecht'cha va-derech u-v'shoch'b'cha u-v'kumecha. U-k'shartam l'ot al ya-decha v'ha-yu l'totafot bein einecha. U-ch'tav-tam al-m'zuzot beit-echa u-vi-sharecha.

Love the Source with all your heart, with all your soul, and with all your might.

Take to heart these instructions I'm giving you today.

Teach them to your children.

Say them when you're home and when you are away, when you lie down and when you get up.

Bind them as a sign on your hand and let them serve as a symbol on your forehead;

inscribe them on the doorposts of your house and on your gates.

# Mi Chamocha / Out of the Narrow Places

Excerpt from Kavannah by Mallory Reed Melody by Debbie Friedman

Everything cracks open before it grows. From the big bang that created our universe, to the tiny seed that will become a mighty tree, to the deep spaces in the human heart that must fracture to love and be loved, breaking down to breakthrough is a law of nature.

The name for the land of the Jewish people's physical, historical enslavement, ancient Egypt, is *mitzrayim*, which means "narrow straits."

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When our ancestors fled their captors through the water walls of the Red Sea, like a great stem bursting through wet earth, it was only the beginning of our journey to freedom. For freedom is something you build by allowing the breaking open, again and again. We sing the Mi Chamocha blessing to continue getting free.

Life is the spiritual soil that helps us compost and shed what doesn't serve, as we squeeze up through the hard places toward the light. It is our great difficulties that help simplify, strengthen, and lift us back to the core values of peace, kindness, integrity, faith, and compassion. It is through the digestive darkness that we root to rise.

מִי-כָמֹכָה בָּאֵלִם יהוה: מִי כָּמֹכָה נֶאְדָר בַּקֹדֶש נוֹרָא תָהָלֹת עֹשֶׂה פֶּלֶא:

Mi chamochah b'eilim Adonai? Mi kamochah ne-dar bakodesh. Nora t'hilot oseh feleh.

Who is like You among all that people worship, Adonai? Who is like You, majestic in holiness, awesome in praise, doing wonders?

#### Hashkiveinu / Let It Be

Craig Taubman and the Beatles

Hashkiveinu Adonai Eloheinu l'shalom v'hamideinu shomreinu l'chaim. (x2)

When I find myself in times of trouble, *Ha-Shechinah*\* comes to me, speaking words of wisdom, let it be.

And in my hour of darkness, she is standing right in front of me, speaking words of wisdom, let it be.

Let it be, let it be, let it be. Speaking words of wisdom, let it be. (x2)

Shalom, shalom, shalom. (x2)

And when the broken-hearted people living in the world agree

There will be an answer, let it be For though they may be parted, there is still a chance that they will see

There will be an answer, let it be.

Let it be, let it be, let it be. Whisper words of wisdom, let it be. (x2)

Shalom, shalom, shalom.

\*Ha-Shechinah means 'in-dwelling presence,' in Hebrew feminine grammar, one of many Divine names in Jewish mystical literature and prayer.

#### Shiviti

Psalm 16:8 Music by Nava Tehila

שוִּיתִי יהוה לְנֶגְדֵי תָמֵיד ֹ

Shiviti Havayah le'negdi tamid. (x2)

#### Chorus:

Havayah (x3), ahavah (x3), Havayah (x3), ahavah (x3)

Shiviti Havayah le'negdi tamid. (x2)

May I open my heart always, in this moment, with love.

# Amidah / Inside the Holy of Holies

Trisha Arlin

Inside the Holy of Holies, I see An empty room.

There is a roof on top of four walls

And a door with no windows.

We declare the inside, divine

And the outside, mundane. This is arbitrary but ok with me,

I like holy separation:





Inside the Holy of Holies, I see Hope.

People rise up, demanding action.

Investigators and organizers reject cynicism and despair.

We light candles, pray, and make change.

Everyone votes and democracy rules.

God manifests

And I rejoice.

Inside the Holy of Holies, I see Myself.

Years of reflection allow me to make

A mostly honest evaluation of who and what I am.

I criticize myself appropriately.

I honor self-awareness,

Anything else is boring.

Inside the Holy of Holies, I see The Infinite.

I meditate on the spirit of the universe.

And each breath is a prayer.

I feel the Presence,

I am unaware of the past and unworried about the future.

It is amazing.

I give thanks.

Inside the Holy of Holies, I see The God I need to see.

Today God might be ancient wishful thinking.

And tomorrow, *Avinu Malkeinu*, that which will make miracles.

Next week, I'll ponder the Fierce Mystery, And the week after, I know the One-ness that is everywhere in all things. Here I am.

#### **Amidah**

English translation by Rabbi Caryn Aviv

אָדֹנָי שְׂפָתַי תִּפְתָּח וּפִי יַגִּיד תְּהַלֶּתֶך:

#### **Ancestors**

בָּרוּך אִתָּה יְיָ, אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ: אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק, וֵאלֹהֵי יַעֲלְב, אֱלֹהֵי שָׂרָה, אֱלֹהֵי רִבְּקָה, אֱלֹהֵי רָחַל, וֵאלֹהֵי לֵאָה. הָאֵל הַגָּדוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵל עֶלְיוֹן, גּוֹמֵל חֲסָדִים טוֹבִים, וְקוֹנֵה הַכֹּל, וְזוֹכֵר חַסְדֵּי אָבוֹת וְאִמָּהוֹת, וּמֵבִיא גְאֻלָּה לִבְנֵי בְנֵיהֶם לְמַעַן שְׁמוֹ, בִּאָהֵבָה.

זָכְרֵנוּ לְחַיִּים, מֶלֶךְ חָפֵץ בַּחַיִּים, וְכָתְבֵנוּ בְּסֵפֶּר הַחַיִּים, לִמַעַנָּךְ אֱלֹהִים חַיִּים.

מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמָגֵן. בָּרוּךְ אַתָּה יְיָ, מָגֵן אַבְרָהָם וְעֶזְרַת שָׂרָה.

#### Power

אַתָּה גִבּוֹר לְעוֹלֶם אֲדֹנָי, מְחַיֵּה מֵתִים/הַכֵּל אַתָּה רַב לְהוֹשִׁיעַ. מוֹרִיד הַטָּל. מְכַלְכֵּל חַיִּים בְּחֶסֶד, מְחַיֵּה מֵתִים/ הַכֹּל בְּרַחֲמִים רַבִּים, סוֹמֵך נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמַתִּיר אֲסוּרִים, וּמְקַיֵּם אֱמוּנָתוֹ לִישֵׁנֵי עָפָר. מִי כָמוֹךְ בַּעַל גְּבוּרוֹת, וּמִי דּוֹמֶה לָךְ? מֶלֶךְ מֵמִית וּמְחַיֶּה וּמַצְמִיחַ יְשׁוּעָה.

מִי כָמוֹך אָב הָרַחֲמִים? זוֹכֵר יְצוּרָיו לְחַיִּים בְּרַחֲמִים.

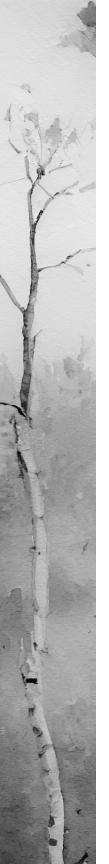
וְנֶאֱמָן אַתָּה לְהַחֲיוֹת מֵתִים/הַכֹּל. בָּרוּךְ אַתָּה יְיָ מְחַיֵּה הַמֵּתִים/הַכֹּל.

## Sanctification

אַתָּה קָדוֹשׁ וְשִׁמְךּ קָדוֹשׁ וּקְדוֹשִׁים בְּכָל יוֹם יְהַלְלוּךְ סֶּלָה.

וּבְכֵן תֵּן פָּחְדְּךְ יְהוָה אֱלֹהֵינוּ עַל כָּל מַעֲשֶׂיךְ, וְאֵימָתְךּ עַל כָּל מַה שֶׁבָּרָאתָ. וְיִירָאוּךְ כָּל הַמַּעֲשִׂים, וְיִשְׁתַּחָווּ לְפָנֶיךְ כָּל הַבְּרוּאִים. וְיֵעָשוּ כֻלָּם אֲגָדָה אֶחָת, לַעֲשׂוֹת רְצוֹנְךְ בְּלֵבָב שָׁלֵם — כָּמוֹ שֶׁיָדִעְנוּ יְהוָה אֱלֹהֵינוּ, שֶׁהַשָּׁלְטָן לְפָנֶיךְ, עוֹז בִּיִדְךָ, וּגְבוּרָה בִּימִינֶךְ, וְשִׁמְךְ נוֹרָא עַל כָּל מַה שֶׁבָּרָאתָ.





וּבְכֵן תֵּן כָּבוֹד יְהוָּה לְעַמֶּךּ; תְּהִלָּה לִירֵאֶיךּ, וְתִקְנָה לְדוֹרְשֶׁיךּ, וּפִתְחוֹן כֶּה לִמְיַחֲלִים לָךּ, שִׁמְחָה לְאַרְצֶךּ, וְשָּׁשוֹן לְעִירֶךּ, בִּמְהַרָה בָיָמֵינוּ.

וּבְכֵן צַדִּיקִים יִרְאוּ וְיִשְׂמָחוּ, וִישָׁרִים יַעֲלֹזוּ. וַחֲסִידִים בְּרָנָּה יָגִילוּ. וְעוֹלָתָה תִּקְפָּץ פִּיהָ, וְכָל הָרִשְׁעָה כֻּלָּהּ כְּעָשָׂן תִּכְלֶה. כִּי תַעֲבִיר מֶמְשֶׁלֶת זָדוֹן מֵן הָאָרֶץ.

קָדוֹשׁ אַתָּה וְנוֹרָא שְׁמֶךּ, וְאֵין אֱלוֹהַ מִבַּלְעָדֶיךּ, כַּכָּתוּב: ״וַיִּגְבַּהּ יָיָ צְבָאוֹת בַּמִּשְׁפָּט, וְהָאֵל הַקְּדוֹשׁ נִקְדַשׁ בִּצְדָקָה.״ בָּרוּךְ אַתָּה יִיָּ, הַמֶּלֶךְ הַקָּדוֹשׁ.

# Sanctifying This Day

אַתָּה אָהַבְתָּנוּ וְרָצִיתָ בָּנוּ, וְקְדַּשְׁתָּנוּ בְּמִצְּוֹתֶיךּ, וְקַרַבְתָּנוּ מַלְכֵּנוּ לַעֲבוֹדָתֶךּ, וְשִׁמְךּ הַגָּדוֹל וְהַקְּדוֹשׁ עָלֵינוּ קָרָאתָ. וַתִּתֶּן לָנוּ יִיָּ אֱלֹהֵינוּ בְּאַהֲבָה אֶת יוֹם הַשַּׁבָּת הַזֶּה לִקְחִילָה וְלִסְלִיחָה וּלְכַפֶּרָה וְלִמְנוּחָה וְאֶת יוֹם הַכִּפֻּרִים הַזֶּה לִמְחִילָה וְלִסְלִיחָה וּלְכַפֶּרָה וְלִמְחָל בּוֹ אֶת כָּל עֲוֹנוֹתֵינו בְּאַהֲבָה, מִקְרָא קוֹדָשׁ זֵכֶר לִיצִיאַת מִצְרָיִם.

אֶלֹהֵינוּ וֵאלֹהֵי אָבוֹתֵינוּ וְאִמּוֹתֵינוּ יַעֲלֶה וְיָבֹא וְיַגִּיעַ וְיֵרְאֶה וְיֵרְצֶה וְיִשָּׁמַע וְיִפָּקֵד וְיִזָּכֵר זִכְרוֹנֵנוּ וּפִקְדוֹנֵנוּ וְזְכְרוֹן אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ וְזִכְרוֹן כָּל יִרְאֵי שִׁמְך לִפְלֵיטָה לְטוֹבָה לְחֵן וּלְחֶסֶד וּלְרְחֲמִים לְחַיִּים וּלְשָׁלוֹם בִּיוֹם הַכָּפָּרִים הַזֶּה.

זָכְרֵנוּ יִיָּ אֱלֹהֵינוּ בּוֹ לְטוֹבָה. וּפָקְדֵנוּ בוֹ לִבְרָכָה. וְהוֹשִׁיעֵנוּ בוֹ לְחַיִּם. וּבִדְבַר יְשׁוּעָה וְרָחֲמִים חוּס וְחָנֵנוּ. וְרָחַם עָלֵינוּ וְהוֹשִׁיעֵנוּ. כִּי אֵלֶיךּ עֵינֵינוּ. כִּי אֵל מֶלֶךְ חַנּוּן וְרַחוּם אֶתָּה.

אֶלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ, אֵל תַּעַזְבֵנוּ וְאֵל תִּטְשֵׁנוּ אֱלֹהֵינוּ וַאל תִּטְלֵבְנוּ וְאֵל תִּטְלֵבְנוּ וְאֵל תִּטְלֵבְנוּ וְאֵל תִּטְלֵבְנוּ וְאֵל תִּטְרָתֶךּ. לְמִנוּ. קַרְבֵנוּ לְתוֹרֶתֶךּ. לְמְדֵנוּ מִצְוֹתֵיךּ. הוֹרֵנוּ דְרָכֶיךּ. הַט לִבְּנוּ לְיִרְאָה אֶת שְׁמֶךּ. וּמוֹל אֶת לְבָבֵנוּ לְאַהֲבָתְרּ. וְנָשׁוּב אֵלֵיךְ בָּאֱמֶת וּבְלֵב שָׁלֵם. וּלְמֵעַן שִׁמְךּ הַגָּדוֹל תִּמְחֹל וְתִסְלַח לַעְוֹנֵינוּ בְּיוֹם הַכִּפֻּרִים הַיָּה. וְנָאֱמַר: מָחִיתִי כָעָב פְּשָׁעֵיךּ וְכָעָנָן חַטּאֹתֶיךְ שׁוּבָה אֵלִיכָם לְטָהֵר אֵלִיכָם מְכֹּל חַטּאֹתֵיכָם לִפְנֵי יִי תִּטְהֵרוּ.

אֶלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ רְצֵה בִמְנוּחָתֵנוּ. קַדְשֵׁנוּ בְּמִצְוֹתֵיךּ וְתַן חֶלְקֵנוּ בְּתוֹרָתֶךּ שַׂבְּעֵנוּ מִטּוּבֶךּ וְשַׂמְחֵנוּ בִּישׁוּעָתֶךּ. וְהַנְחִילֵנוּ יְהוָה אֱלֹהֵינוּ בְּאַהֲבָה וּבְרָצוֹן שַׁבַּת קִדְשֵׁךּ וִיָנִוּחוּ בוֹ יִשְׂרָאֵל מְקַדְשֵׁי שְׁמֶךְ.

וְטָהֵר לִבֵּנוּ לְעָבְדְּךְ בָּאֱמֶת כִּי אַתָּה סָלְחָן בְּכָל דּוֹר וָדוֹר וּמִבַּלְעָדֶיךְ אֵין לֵנוּ מֶלֶךְ מוֹחֵל וְסוֹלֵחַ אֶלָּא אֶתָּה. בָּרוּךְ אַתָּה יִיָ מֶלֶךְ מוֹחֵל וְסוֹלֵחַ לַעֲוֹנוֹתֵינוּ וְלַעֲוֹנוֹת יִרְאֵי שְׁמֶּךְ וּמַעֲבִיר אֵשְׁמוֹתֵינוּ בְּכָל שָׁנָה וְשָׁנָה. מֱלֶךְ עַל כָּל הָאֶרֶץ מִקְדֵשׁ הַשָּׁבָּת וִיִשְׂרָאֵל וִיוֹם הַכִּפָּרִים.

# Acceptance

ְרֵצֵה יָיָ אֱלֹהֵינוּ, בְּיִשְׂרָאֵל וּתְפָּלָתָם בְּאַהֲבָה תְקַבֵּל בְּרָצוֹן, וּתְהִי לְרָצוֹן תָּמִיד עֲבוֹדַת יִשְׂרָאֵל. וְתֶחֱזֶינָה עֵינֵינוּ בְּשׁוּבְךְּ לִצִיּוֹן בְּרַחֲמִים. בָּרוּךְ אֵתָּה יָיָ, הַמַּחֲזִיר שְׁsכִינָתוֹ לְצִיּוֹן.

# Thanksgiving

מוֹדִים אֲנַחְנוּ לָךְ, שָׁאַתָּה הוּא יְיָ אֱלֹהֵינוּ וַאלֹהֵי אֲבוֹתֵינוּ מְוֹדִים אֲנַחְנוּ לָךְ, שָׁאַתָּה הוּא יְיָ אֱלֹהֵינוּ הַאָּלֹהִי אֲבוֹת לְדוֹר וָדוֹר, לְעוֹלָם וָעֶד, צוּר חַיֵּינוּ, מָגֵן יִשְׁעֵנוּ, אַתָּה הוּא לְדוֹר וָדוֹר, נוֹדֶה לְךְ וּנְסִפֵּר תְּהִלָּתֶךְ, עַל חַיֵּינוּ הַמְּסוּרִים בְּיָדֶךְ, וְעַל נִסֶּיךְ שֶׁבְּכָל יוֹם עִמָּנוּ, וְעַל נִסֶּיךְ שֶׁבְּכָל יוֹם עִמָּנוּ, וְעַל נִסֶּיךְ שֶׁבְּכָל יוֹם עִמָּנוּ, וְעַל נִסֶּיךְ שֶׁבְּלְאוֹתֶיךְ וְטוֹבוֹתֶיךְ שֶׁבְּכָל עֵת, עֶרֶב וָבֹקֶר וְצָהֲרָיִם, הַטּוֹב כִּי לֹא כָלוּ רָחֲמֶיךְ, וְהַמְּרַחֵם, כִּי לֹא תַמּוּ חֲסָדֶיךְ, מֵעוֹלָם קְּיִנוּ לַךְ.

## Shalom

שָׁלוֹם רָב עַל כָּל הָעוֹלָם תָּשִׂים לְעוֹלָם כִּי אַתָּה הוּא מֶלֶךְ אָדוֹן לְכָל הַשָּׁלוֹם וְטוֹב בְּעֵינֵיךְ לְבָרֵךְ אֶת יִשְׂרָאֵל וְאֶת כָּל-ישְׁבֵי תַּבֵל בְּכָל עֵת וּבְכָל שָׁעָה בִּשְׁלוֹמֶךְ. בְּסֵפֶר חַיִּים בְּרָכָה וְשָׁלוֹם וּפַרְנָסָה טוֹבָה נִזָּכֵר וְנִכָּתֵב לְפָנֵיךְ אֲנַחְנוּ וְכָל יִרְאֵי שִׁמְךְ לְחַיִּים טוֹבִים וּלְשָׁלוֹם: בָּרוּךְ אַתָּה יְהוָה עשֶׁה הִשׁלוֹם.



Adonai s'fatai tiftach ufi yaqid t'hilatecha.

#### Ancestors

Baruch atah, Adonai, Eloheinu v'Eilohei avoteinu v'imoteinu: Elohei Avraham, Elohei Yitzchak, v'Eilohei Ya'akov, Elohei Sarah, Elohei Rivkah, Elohei Rachel, v'Eilohei Leah. HaEl hagadol hagibor v'hanora, El elyon, gomeil chasadim tovim, v'koneih hakol, v'zocheir chasdei avot v'imahot, umeivi g'ulah livnei v'neihem, l'ma'an sh'mo b'ahavah.

Zochreinu l'chayim, melech chafeitz bachayim, v'chotveinu b'seifer hachayim, l'ma'ancha Elohim chayim.

Melech ozeir umoshia umagein. Baruch atah Adonai, magen Avraham v'ezrat Sarah.

#### Power

Atah gibor l'olam Adonai, m'chayeih meitim/hakol atah rav l'hoshia. Morid hatal. M'chalkeil chayim b'chesed, m'chayeih meitim/hakol b'rachamim rabim, someich noflim, v'rofei cholim, umatir asurim, umkayeim emunato lisheinei afar. Mi chamocha, ba'al g'vurot, umi domeh lach? Melech meimit umchayeh umatzmiach y'shuah.

Mi chamocha av harachamim? Zocheir y'tzurav l'chayim b'rachamim.

V'ne'eman atah l'hachayot meitim/hakol. Baruch atah Adonai m'chayeih hameitim/hakol.

#### Sanctification

Atah kadosh, v'shimcha kadosh, ukdoshim b'chol yom y'hal'lucha selah.

Uvchein tein pachd'cha, Adonai Eloheinu, al kol ma'asecha, v'eimat'cha al kol mah shebarata. V'yiraucha kol hama'asim, v'yishtachavu l'fanecha kol hab'ruim. V'yei'asu chulam agudah echat, la'asot r'tzoncha b'leivav shaleim — k'mo sheyadanu, Adonai Eloheinu, shehasholtan l'fanecha, oz b'yad'cha, ugvurah biminecha, v'shimcha nora al kol mah shebarata.

Uvchein tein kavod, Adonai, l'amecha; t'hilah lirei'echa, v'tikvah l'dorshecha, ufitchon peh lamyachalim lach, simchah l'artzecha, v'sason l'irecha, bimheirah v'yameinu.

Uvchein tzadikim yiru v'yismachu, visharim ya'alozu. Vachasidim b'rinah yagilu. V'olatah tikpotz piha, v'chol harishah kulah k'ashan tichleh. Ki ta'avir memshelet zadon min ha'aretz.

Kadosh atah, v'nora sh'mecha; v'ein Eloah mibaladecha, kakatuv: "Vayigbah Adonai tz'vaot bamishpat, v'haEl hakadosh nikdash bitzdakah." Baruch atah Adonai, hamelech hakadosh.

#### Sanctifying This Day

Atah ahavtanu v'ratzita banu, v'kidashtanu b'mitzvotecha, v'keiravtanu malkeinu la'avodatecha, v'shimcha hagadol v'hakadosh aleinu karata. Vatitein lanu Adonai Eloheinu b'ahavah et Yom Hashabbat hazeh likdushah v'limnuchah v'et Yom HaKippurim hazeh limchilah v'lislichah ulchaparah v'lemchal bo et kol avonoteinu b'ahavah, mikra kodesh, zeicher litziat Mitzrayim.

Eloheinu vEilohei avoteinu v'imoteinu ya'aleh v'yavo v'yagia v'yeira'eh v'yeiratzeh v'yishama v'yipakeid v'yizacheir zichroneinu ufikdoneinu v'zichron avoteinu v'imoteinu v'zichron kol yirei sh'mecha lifleitah l'tovah, l'chein ulchesed ulrachamim, l'chayim ulshalom, b'Yom HaKipurim hazeh.

Zochreinu, Adonai Eloheinu, bo l'tovah. Ufokdeinu vo livrachah. V'hoshi'einu vo l'chayim. Uvidvar y'shuah v'rachamim chus v'choneinu. V'racheim aleinu v'hoshi'einu. Ki eilecha eineinu. Ki El melech chanun v'rachum atah.

Eloheinu vEilohei avoteinu v'imoteinu, al ta'azveinu v'al titsheinu v'al tachlimeinu v'al tafeir v'ritcha itanu. Karveinu l'Toratecha. Lamdeinu mitzvotecha. Horeinu d'rachecha. Hat libeinu l'yirah et sh'mecha. Umol et l'vaveinu l'ahavatecha. V'nashuv eilecha b'emet uvleiv shaleim. Ulma'an shimcha hagadol timchol v'tislach la'avoneinu b'Yom HaKipurim hazeh. V'ne'emar: Machiti cha'av p'shaecha v'che'anan chatotecha shuvah eilai ki g'alticha. V'ne'emar: Ki vayom hzaeh y'chapeir aleichem l'taheir etchem mikol chatoteichem lifnei Adonai tit'haru.

Eloheinu vEilohei avoteinu v'imoteinu r'tzeih vimnuchateinu. Kad'sheinu b'mitzvotecha v'tein chelkeinu b'Toratecha sabeinu mituvecha v'samcheinu bishuatecha. V'hanchileinu Adonai Eloheinu b'ahava uvratzon Shabbat kodshecha v'yanuchu vo Yisrael m'kad'shei sh'mecha.





V'taheir libeinu l'ovd'cha b'emet ki atah solchan b'chol dor vador umibaladecha ein lanu melech mocheil v'solei'ach ela atah. Baruch atah Adonai melech mocheil v'solei'ach la'avonoteinu v'la'avonot yirei sh'mecha uma'avir ashmoteinu b'chol shanah v'shanah. Melech al kol ha'aretz m'kadeish haShabbat v'Yisrael v'Yom HaKipurim.

#### Acceptance

R'tzeih Adonai Eloheinu, b'Yisrael utfilatam b'ahavah t'kabeil b'ratzon, ut'hi l'ratzon tamid avodat Yisrael. V'techezenah eineinu b'shuv'cha l'Tziyon b'rachamim. Baruch atah Adonai, hamachazir sh'chinato l'Tziyon.

#### Thanksgiving

Modim anachnu lach, sha'atah hu Adonai Eloheinu v'Eilohei avoteinu l'olam vaed, tzur chayeinu, magein yisheinu, atah hu l'dor vador, nodeh l'cha un'sapeir t'hilatecha, al chayeinu ham'surim b'yadecha, v'al nishmoteinu hap'kudot lach, v'al nisecha sheb'chol yom imanu, v'al nifl'otecha v'tovotecha sheb'chol eit, erev vavoker v'tzohorayim, hatov ki lo chalu rachamecha, v'hamracheim, ki lo tamu chasadecha, mei'olam kivinu lach.

#### **Shalom**

Shalom rav al kol ha'olam tasim l'olam. Ki atah hu melech adon l'chol hashalom. V'tov b'einecha l'vareich et Yisrael v'et kol-yoshvei teiveil b'chol eit uvchol sha'ah bishlomecha. B'seifer chayim b'rachah v'shalom ufarnasah tovah nizacheir v'nikateiv l'fanecha anachnu v'chol yirei sh'mecha l'chayim tovim ulshalom. Baruch atah Adonai oseh hashalom.

Open my lips, Beloved One, and let my mouth declare Your praise.

Blessed is the Source of our ancestors, God of Abraham, God of Isaac, God of Jacob, God of Sarah, God of Rebecca, God of Rachel and God of Leah, great and awesome Source, imparting loving-kindness, Source of all, mindful of the devotion of our ancestors, bringing, with love, redemption to their children's children for the sake of the Sacred Name. Remember us for life and write us in the Book of Life. Our Source, our help: Blessed is the Name with Many and No Names, strength of our ancestors.

The Source is forever powerful, bringing the dead to life, abundant in saving acts. With loving-kindness the Source sustains the living, bringing the dead to life with great compassion, upholding those who fall, healing the sick, freeing the captive, and remaining steadfast to those who sleep in the dust. Who can compare to this power, who can resemble this power, the source of life and death, which causes strength to unfold?

What can compare to this power, Source of all compassion, remembering all creatures, decreeing life! The Source enables the dead to go on living through memory. Blessed is the Source of Life, who brings the dead to life.

The Name is Sacred. And all sacred beings are in relationship with You each day.

And so, Holy One of Blessing, let awe infuse the whole of creation, and let awareness dwell in all living creatures. Let every being remember and connect to Source. Let all of us, as one, enact the vision of deep connection with a whole and peaceful heart. For we have always known that all connections lead back to the Source, all strength is rooted in the Sacred. The Name with Many and No Names alone is the source of awe that surges through all life.

And so, Holy One of Life Unfolding, let awe infuse us, let the praise ring out from all who connect. Let hope enliven all who seek sacred connection and let all who look to life with hope find strength to speak. Grant joy throughout the land, let happiness resound throughout the sacred city, soon, and in our days.

And therefore, let the righteous rejoice and celebrate, let all who follow in the path of goodness sing out, let all who love Sacred Connection dance with joy, and may righteous and compassionate use of power overwhelm all wrongdoing, so that it vanishes wholly from the earth like smoke. Then will the power of injustice pass away from the earth.

Sacred is the Name, and awe-inspiring is the Name. There is no Source of Being apart from the Sacred Source, as it is written: "The Creator of the hosts of heaven will be exalted through the rule of law, and the Source of Blessing will be made sacred by the reign of justice." Blessed is the Name, Eternal One.

We have been loved and sanctified with *mitzvot* (right action), we have been brought closer to service, and we have been called to the shelter underneath the wings of Sacred Presence. We have been given compassion and forgiveness on these holy High Holidays, days of forgiveness for all our shortcomings and mistakes, a sacred gathering, a remembering of the going-out from Egypt.





Our Source, our ancients' Source of blessing, may our prayer arise, and be held and be acceptable. Let it be heard, acted upon, remembered - remembering us and all our needs, remembering our ancestors, remembering hopes for a more compassionate and just world, remembering all who are in awe of the Great Name. Act for goodness and grace, love and care, life, well-being and peace on this Day of Atonement.

Remember us this day, Divine Source, for goodness. Favor us this day with blessing. Preserve this day for life. With redeeming, nurturing Presence, be kind and generous. Act tenderly on our behalf and grant us success over all our hardships. Truly, our eyes turn toward the Presence of grace and compassion.

Our Source, and Source of our ancestors, let us not feel forsaken or ashamed, let us remember the covenant with that Sacred Presence, may we be brought closer to the wisdom of the Torah, the wisdom of *mitzvot*—right action. May we learn to value the deep wisdom of *mitzvot*. May we incline our hearts to treat the Sacred Presence in all life with awe, may we be open to love and truth with whole hearts. And for the sake of the Name that has Many and No Names, may we experience compassion and forgiveness for our shortcomings and failures on this Sacred Day.

Our Source, and Source of our ancestors, may we realize holiness in doing *mitzvot* and receiving wisdom from Torah, let us enjoy the good things of the world, and connect with joy. May we refine our hearts to serve truth and lovingkindness. For the Source of All Being Unfolding offers forgiveness in each generation. Blessed is the Divine Unfolding of Forgiveness, and Compassion.

May the Source of all Blessings take pleasure in all creation. May our prayers, hopes, and wishes be heard and accepted. And may our eyes witness the homecoming of all people to a planet filled with peace.

We give thanks to the Source of Compassion, Source of our Ancestors, today and always. May we experience a sense of safety and security in difficult times, and feel the Presence of the Sacred from age to age. We acknowledge our smallness in the Presence of Something Larger, and express gratitude for our lives, our souls, the miracles and blessings that greet us every day, and the wonders and the good things that are with us every hour, morning, noon and night. Good One, whose kindness never stops, Compassionate One, whose loving acts have never failed, we express our hope in Life Unfolding.

For all these things, may the Name be blessed and raised in honor always. And may our lives be writen down for a good life for all who share Your covenant. Let all of life acknowledge You! May all beings praise Your name in truth, O God, our rescue and our aid. Blessed are You, Source of Compassion, the Name that has No Name and Many Names, for which all thanks are due.

May we be granted peace, goodness and blessing in the world, grace, love and compassion over us and over all who are in awe of the Sacred Name. May we be blessed, amid the light, the Torah of life, and love of kindness, justice, blessing, compassion, life and peace. So may it be a good thing, to bless our people and all peoples, with abundant strength and peace.

In the book of life, blessing, and peace, and proper sustenance, may we be remembered and inscribed, we and all who are in awe of the Presence, for a good life and for peace. Blessed is the Source of Compassion, maker of peace.

# Oseh Shalom / Praying for Peace

Melody by Nurit Hirsch

עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו, הוּא יַעֲשֶׂה שָׁלוֹם עָלֵיְנוּ וְעַל כָּל יִשְׂרָאֵל, וָאָמָרוּ: אַמֵן.

Oseh shalom bimromav hu ya'aseh shalom aleinu v'al kol Yisrael, v'imru imru amen. (x2)

Ya'aseh shalom, ya'aseh shalom, shalom aleinu v'al kol Yisrael. (x2)

Ya'aseh shalom, ya'aseh shalom, shalom aleinu v'al kol Yisrael. (x3)

May the one who creates harmony in our world make peace for us and for all Israel, and for all who live on Earth. And let us say: Amen.

#### Ki Anu Amecha

English adapted from "The Velveteen Rabbi's Machzor"

כִּי אָנוּ עַמֶּךּ וְאַתָּה אֱלֹהֵינוּ. אָנוּ בָנֶיךּ וְאַתָּה אָבִינוּ: אָנוּ עֲבָדֶיךּ וְאַתָּה רוֹעֵנוּ: אָנוּ כַרְמֶּךּ וְאַתָּה נוֹטְרֵנוּ. אָנוּ כְּעֻלָּתֶךּ וְאַתָּה יוֹצְרֵנוּ. אָנוּ סְגֻלָּתֶךּ וְאַתָּה יוֹצְרֵנוּ: אָנוּ עַמֶּךְ וְאַתָּה מַלְכֵנוּ:





Ki anu amecha v'atah Eloheinu. Anu vanecha v'atah Avinu. Anu avdecha, v'atah Adoneinu. Anu tzonecha v'atah Roeinu. Anu charmecha v'atah Notreinu. Anu f'ulatecha v'atah Yotzreinu. Anu sigulatecha v'atah Eloheinu. Anu amecha v'atah Malkeinu. Yai lai....

We are Your people, and You our holy source. We are Your children, and You our parent. We are Your helpers, and You our guiding spirit. We are Your body, and You our designer. We are Your flock, and You our shepherd. We are Your plantings, and You our gardener. We are Your creations, and You our origin. We are Your treasures, and You delight in us. We are Your people, and You our holy source.

## Ashamnu / We Are Responsible

אָשׁמְנוּ בָּגִדְנוּ גָזַלְנוּ דִבַּרְנוּ דֹפִי. הֶעֶוֹנוּ וְהִרְשׁנוּ זִדְנוּ חָמַסְנוּ טָפַלְנוּ שׁקֶר. יָעִצְנוּ רָע כִּזַבְנוּ לִצְנוּ מָרַדְנוּ נִאַצְנוּ סָרַרְנוּ עָבִינוּ פָשׁעְנוּ צָרַרְנוּ קִשׁינוּ עֹרֶף.

רשענו שחתנו תעבנו תעינו תעתענו:

(Yai lai...)

Ashamnu: We have hurt others.

Bagadnu: We have betrayed people who trusted us.

Gazalnu: We have stolen people's money, time, or

goodwill.

Dibarnu dofi: We have used words as weapons.

(Yai lai...)

He-evinu: We have led others to wrongdoing.

V'hirshanu: We have encouraged others to commit

wrong.

Zadnu: We have refused to admit our mistakes.

Chamasnu: We have manipulated other people.

Tafalnu sheker: We have preferred lies rather than truth.

(Yai lai...)

Ya'aztnu ra: We have set bad examples.

Kizavnu: We have lied.

Latznu: We have demeaned others.

Maradnu: We have created drama.

Ni-atznu: We have lost integrity.

(Yai Lai...)

Sararnu: We have debased ourselves.

Avinu: We have been untruthful to get what we

want.

Pashanu: We have ignored the needs of others.

Tzararnu: We have violated other people's

boundaries.

Kishinu oref: We have hurt ourselves and others.

(Yai lai...)

Rashanu: We have been violent.

Shichatnu: We have let our impulses rule us.

*Ti-avnu:* We have degraded ourselves.

Ta-inu: We have lost our way.

Ti-tanu: We have led others astray.

(Yai lai...)

## A Variation on the Al Chet

Gila Gevirtz

For the wrong we have done by closing our minds and narrowing our hearts, and for the wrong we have done by harping on old wounds and petty grievances.





For the wrong we have done by inflaming conflict with hurtful words, and for the wrong we have done by criticizing others for flaws we tolerate in ourselves.

For the wrong we have done by our indifference and passivity, and for the wrong we have done through self-righteousness and deception.

# וְעַל כַּלָם אֱלוֹהַ סְלִיחוֹת סְלַח לָנוּ מְחַל לָנוּ כַּפֶּר לָנוּ:

Ve'al kulam eloha selichot, selach lanu. Mechal lanu. Kaper lanu.

For all this, God of forgiveness, please pardon us, forgive us, help us to atone.

For the wrong we have done by belittling ourselves and others, and for the wrong we have done before you by inflating ourselves and others.

For the wrong we have done before you by being quick to speak but slow to listen, and for the wrong we have done through timidity and stubbornness.

For the wrong we have done by mistaking selfdeprecation for humility and rigidity for conviction, and for the wrong we have done by masking our fears and hurt in anger and aggression.

For the wrong we have done through cynicism and selfpity, and for the wrong we have done by spiteful acts and mean-spiritedness.

וְעַל כֻּלָם אֱלוֹהַ סְלִיחוֹת סְלַח לָנוּ מְחֵל לָנוּ כָּפֶּר לָנוּ: Ve'al kulam eloha selichot, selach lanu. Mechal lanu. Kaper lanu.

For all this, God of forgiveness, please pardon us, forgive us, help us to atone.

For the wrong we have done by not pursuing peace and justice, and for the wrong we have done by saying too much and doing too little.

For the wrong we have done by not questioning our beliefs and attitudes, and for the wrong we have done by snuffing out new dreams and possibilities.

For the wrong we have done by misusing our resources and authority, and for the wrong we have done through our insatiability and greed.

For the wrong we have done through lecturing, nagging and sulking, and for the wrong we have done by withholding our forgiveness and love.

וְעַל כֻּלָם אֱלוֹהַ סְלִיחוֹת סְלַח לָנוּ מְחַל לָנוּ כַּפֶּר לָנוּ:

Ve'al kulam eloha selichot, selach lanu. Mechal lanu. Kaper lanu.

For all this, God of forgiveness, please pardon us, forgive us, help us to atone.

**Avinu Malkeinu / Our Source and Strength of Life** *Adapted from Kedem Congregation* 

אָבִינוּ מַלְכֵּנוּ חָנֵנוּ וָעָנֵנוּ אָבִינוּ מַלְכֵּנוּ חָנֵנוּ וָעָנֵנוּ כִּי אֵין בָּנוּ מַעֲשִׂים עֵשֵׂה עָמַנוּ צִדָּקָה וָחֵסֶד וָהוֹשִׁיעֵנוּ:

Avinu Malkeinu choneinu va'aneinu Avinu Malkeinu choneinu va'aneinu ki ein banu ma'asim Asei imanu tzedakah vachesed Asei imanu tzedakah vachesed v'hoshi'einu

(Translation: Our Creator, Our Guardian, be gracious and respond to us, for we have too few good deeds; act toward us with justice tempered by love, and help us be whole.)

Our Compassionate One, Our Just One, forgive us for the sake of Your Name.





Our Rock, Our Redeemer, renew for us a good year. Our Rescuer, Our Hope, help us find courage and hope within us.

Our Mother, Our Life's Breath, remove from all your children disease, war, famine, exile and destruction.

Our Divine Presence, Our Soul, forgive us and help us forgive ourselves for all of our wrongdoing.

Our Help, Our Guide, may we return to you in whole hearted repentance.

Our Friend, Our Beloved, remember us with favor. Our God, Our Leader, accept our prayer in favor and with mercy.

Our Mother, Our Life's Breath, hear our voices, show us mercy and compassion.

Our Divine Presence, Our Soul, seal us in the book of reconciliation.

Our Eternal One, Our Redeemer, seal us in the book of merit.

Our Friend, Our Beloved, seal us in the book of good life.

Our Creator, Our Guardian, be gracious and respond to us, for we have too few good deeds; act toward us with justice tempered by love and save us.

# Tree of Life / Healing Prayer

Nefesh Mountain, Numbers 12:13

O sweet Spirit, hear my prayer Help these words heal someone out there I am but a voice, just a cry in the air But I sing, nonetheless, in this pain we share

O sweet friends, come and dry your eyes And hold each other by this Tree of Life I'm angry and tired of this great divide But I sing, nonetheless, with love on our side

Ana El na refa na la (x4) (Translation: Please God heal her now)

O sweet souls who feel broken now We'll heal together, somewhere, somehow Time and again, we have been let down But we sing, nonetheless, still whole and still proud

Ana El na refa na la (x4) (Translation: Please God heal her now)

O sweet Spirit, hear my prayer Help these words heal someone out there

## Kaddish Yatom / Mourner's Kaddish

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא בְּעַלְמָא דִּי בְרָא כִרעוּתֵהּ וְיַמְלִיךְ מַלְכוּתֵהּ בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל בַּעַגָּלָה וּבִזְמַן קָרִיב וָאִמָרוּ **אָמֵן:** 

# יָהַא שְׁמֵא רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמִיָּה:

יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאַר וְיִתְרוֹמַם וְיִתְנַשֵּׂא וְיִתְהַדֵּר וֵיִתְעַלֶּה וִיִתְהַלַּל שְׁמֵהּ דְקַדְּשָׁא **בִּרִיךְ הוּא:** 

לְעֵלָּא לְעֵלָּא מִכָּל בִּרְכָתָא וְשִׁרָתָא תֻּשְׁבְּחָתָא וְנֶחֱמָתָא דַּאֲמִירָן בְּעַלְמָא וְאִמְרוּ **אָמֵן:** 

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וָאָמָרוּ **אַמֵּן:** 

עוֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְעַל כָּל יוֹשְׁבֵי תַבֵל וְאִמְרוּ **אָמֵן:** 

Yitgadal v'yitkadash sh'mei raba b'almah divra chirutei v'yamilich malchutei b'chai'yiechon uv'yomeichon uv'chayei d'chol beit Yisrael ba-agala uvizman kariv v'imru: **Amen**.

# Y'hei sh'meih rabah m'vorach l'alam ul-almei almaya.

Yitbarach v'yishtabach v'it'pa'ar v'yitromam v'yitnasei v'yithadar v'yit'haleh v'yithalal sh'mei d'kudsha **b'rich hu**.

L'eila l'eila mikol birchata v'shirata tush-b'chata





v'nech'mata da-amiran b'alma v'imru: Amen.

Y'hei shlama raba min sh'maya v'chayim aleinu v'al kol Yisrael v'imru: **Amen.** 

Oseh shalom bimromav hu ya-aseh shalom aleinu v'al kol Yisrael v'al kol yoshvei teiveil v'imru: **Amen.** 

We say the Great Name and imbue that Name with sacredness, in the world that the Divine created, unfolding in a plan we don't yet fully understand. May the majesty of the Source be revealed to us in our days and in the life of all Israel and all living beings. And we say, Amen.

We bless that Great Name with the unfolding of life over and through time. We bless, we praise, we honor, we exalt, we extol, we celebrate, and we laud the name of the sacred One, beyond our capacity for words and songs of blessing, praise, and comfort, to which we say: Amen.

#### Aleinu

Melody by Rabbi Shir Meira Feit

וֹהֲשֵׁבֹתָ אֶל לְבָבֶּךְ, כִּי יהוה הוּא הָאֱלֹהִים: וְנֶאֱמַר וְהָיָה יהוה לְמֶלֶךְ עַל כָּל הָאָרֶץ. בַּיוֹם הַהוּא יִהְיֵה יהוה אֱחָד וּשִׁמוֹ אֱחָד:

Vahasheivota (repeat) El l'vavechah (repeat) Ki Adonai (repeat) Hu haElohim (repeat). (x2)

V'ne-emar: V'hayah Adonai l'melech al kol ha'aretz. Bayom hahu, bayom hahu, yihyeh Adonai echad usheimo echad.

You shall return to your hearts, for Being and Becoming is the Source. With reverence and thanksgiving we accept our destiny, the day on which all will be one.

#### **Answer Us**

Machzor Lev Shalom

What would constitute an answer to our prayers?

We do not truly expect nature to overturn its course, or others to suddenly change their plans, because we have expressed our hope that the future bend to our desires.

Rather, if our prayers succeed, we can experience closeness to the Divine, an appreciation of God's bounty, connection with the rest of creation, discovery of meaning in our lives, and an inner feeling of wholeness of peace.

For a moment, we may experience ourselves as held fast in God's invisible arms.

Perhaps this is what the ancient worshipers themselves experienced when they heard the priests pronounce the final word of blessing: "...shalom, peace."

# Oseh Shalom / Closing with Peace

Michael Harlow and Dani Wallace

Grant us Peace, grant us Peace For every weary heart that beats find a moment of relief Grant us Peace

עוֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְאִמְרוּ אָמֵן:

Oseh Shalom bimromav hu Ya'aseh Shalom Aleinu v'al kol Yisrael v'imru: Amen (x2)

Grant us Peace, grant us Peace For every weary heart that beats find a moment of relief Grant us Peace

Oseh Shalom bimromav hu Ya'aseh Shalom Aleinu v'al kol Yisrael V'imru Amen V'imru Amen V'imru Amen



# G'mar Chatimah Tovah

# May We Be Sealed in the Book of Life

# **Open Tent Be Mitzvah**

The Open Tent Be Mitzvah program is unique, in part, because of the range of our students. Many of our students' families are interfaith/mixed heritage. Many of our students are coming into formal Jewish education for the first time or are returning into the educational space looking for a renewed experience. So, if you're ready for your child, or ready yourself, to embark on an incredible journey of personal growth, connection, and radical hospitality, join us for our Open Tent Be Mitzvah program. It's an experience like no other, tailored just for you. Explore more and register at:

# www.judaismyourway.org/open-tent-be-mitzvah



## Learning in a Classroom

This model is geared towards tweens who want to learn with peers within a two year period. In Year One, students explore Judaism 101 through experiential learning. In Year Two, students pick the Torah or Chai cohort – as they explore designing their unique Shabbat service.



## **One-On-One Mentorship**

Build a relationship with a mentor and develop a fully customized focus of study. Students design their own Shabbat service after taking a deep dive into how they connect with Judaism in a meaningful way.



#### Adult Re & Be Mitzvah

Within a cohort of adult peers, you will explore prayer and delve into growing your relationship with Judaism. Next cohort will begin in 2025. Registration opening soon!

# **Year Round Programming**









# Looking for a way to connect your family to Judaism and community in a hands-on, meaningful way?



This program is for elementary-aged students and their grown ups to create community and practice the Jewish value of Tikkun Olam, repairing the world. We meet four times in locations around the front range to engage in service learning, build community together and strengthen our Jewish values.

Spots are limited and filling up fast! Register today at:

www.judaismyourway.org

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Visit judaismyourway.org/support-our-work to learn more!

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# In Loving Memory: Donald Sturm



This year, we remember Donald Sturm who passed away on August 17, 2024. Don was the Founder of Judaism Your Way with his wife Sue Sturm. Their vision and support led Judaism Your Way to much success over the last 20 years.

Don and Sue's lifelong dedication as board members and donors has empowered Judaism Your Way to touch the lives of thousands annually. Their unwavering commitment to our organization's sustainability played a pivotal role in the successful completion of our endowment campaign.

Don is survived by Sue Sturm, his beloved wife of 36 years, his four children, Robert Sturm, Melanie Sturm (Marc Zachary), Stephen Sturm (Sydney Hodgson Sturm) and Emily Sturm Ehrens (Ben Ehrens), his grandson Zane Zachary, and an extended family whose lives he enriched through his kindness and belief in the meaningfulness of strong family bonds. He was preceded in death by his two sisters Helen Coel and Fern Haberman.

May Don's memory be a blessing.



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